Theatre Strategies
for your Classroom

DEVISED THEATRE

A collaborative and creative approach with no pre-written script. Students work together to create a play or performance from scratch, often starting with a theme or idea and use various art forms like writing, movement, music, and more to build the story. Devised theatre fosters creativity, teamwork, and self-expression while engaging students with meaningful themes or topics.

GESTURE

A strategy involving deliberate movements and actions made by performers to convey meaning, emotion, or narrative without using words. Students use their bodies to express ideas, emotions, and scenes, making performances more engaging and expressive. This technique encourages physical expression and helps students communicate effectively through non-verbal means, enhancing their storytelling skills and creativity.

REFLECTION

A strategy that encourages students to explore and express their thoughts, feelings, and experiences by looking back on their own life experiences to gain insights, learn from mistakes, and deepen their understanding. This strategy promotes self-awareness, critical thinking, and personal growth, making it agreat way for students to enhance their theatrical skills and emotional intelligence.

Burnout: a state of physical and emotional exhaustion caused by prolonged and excessive stress, often resulting from work or personal responsibilities.

Compassion fatigue: when continuous exposure to others' pain, suffering, or trauma leads to emotional and physical exhaustion of the individual providing emotional support and care.

Secondary trauma: a condition when the emotional and psychological impact of witnessing or hearing about traumatic events in others begins to affect one's own well-being.

What's the Difference?

Burnout relates to chronic workplace stress, compassion fatigue results from the emotional strain of providing care, and secondary trauma stems from indirect exposure to trauma.

Additional Information

[Sculpted Clay Productions](#)

[Write to Create Retreat](#)