MASLOW COMPLETT

From this...

Self-actualization desire to become the most that one can be

Esteem

respect, self-esteem, status, recognition, strength, freedom

Love and belonging friendship, intimacy, family, sense of connection

Safety needs personal security, employment, resources, health, property

Physiological needs air, water, food, shelter, sleep, clothing, reproduction

Maslow's Hierarchy of Needs

Add this...

Mylett's 6 Basic Needs

CONTRIBUTION

Share specific ways people are helpful and are making a difference.

GROWTH

Offer challenges that stretch but aren't out of reach.

LOVE AND CONNECTION

Provide a cause that's bigger than one person.

SIGNIFICANCE

Give recognition whenever possible.

VARIETY/UNCERTAINTY

Give opportunities for change.

CERTAINTY

Provide security and safety.