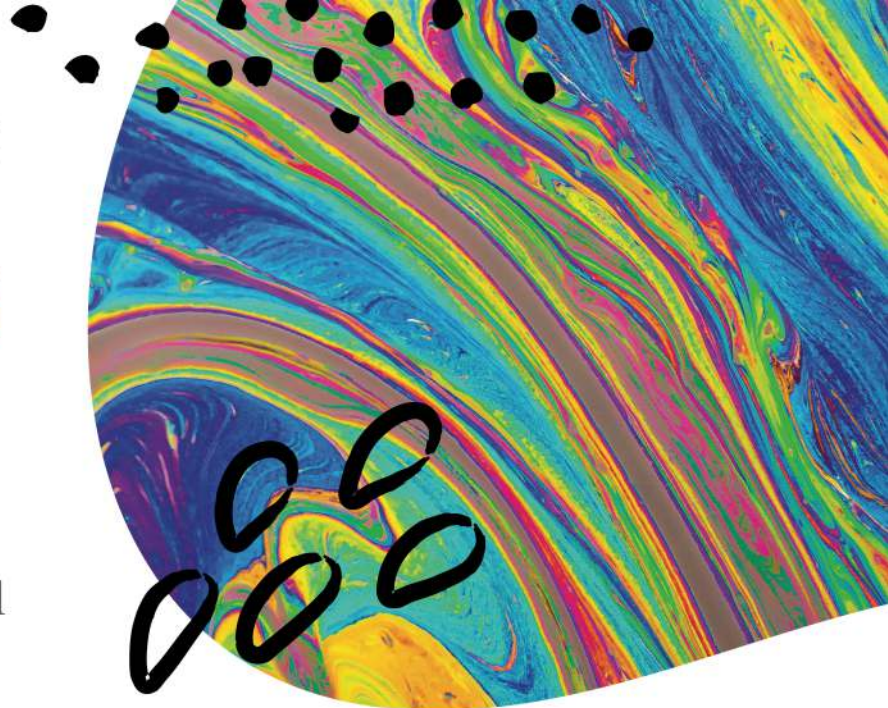




The
Institute
FOR ARTS INTEGRATION AND STEAM

5 SEL COMPETENCIES *through the Arts*

Use these ideas for connecting Social-Emotional Learning with the Arts in your classroom.



ARTSINTEGRATION.COM

SELF AWARENESS

Try: Visual Journaling

Document the progress of an idea over time.

SELF MANAGEMENT

Try: Soundtracking

Play music throughout the day for transitions and work time.

SOCIAL AWARENESS

Try: Observing Movement

Watch how people move and write interpretations of their goals.

RELATIONSHIP SKILLS

Try: Mirroring Leadership

Have pairs mirror each other and then trade leadership.

RESPONSIBLE DECISIONS

Try: Non-Verbal Cues

Select visual, kinesthetic or musical cues to represent transitions and safe expectations in the classroom space.