

Respect Matrix

<p>What happened when I was respected?</p> <ul style="list-style-type: none">• The Situation• Emotions/Feelings• What was learned	<p>What happened when I was disrespected?</p> <ul style="list-style-type: none">• The Situation• Emotions/Feelings• What was learned
<p>What happened when I gave respect?</p> <ul style="list-style-type: none">• The Situation• Emotions/Feelings• What was learned	<p>What happened when I disrespected someone?</p> <ul style="list-style-type: none">• The Situation• Emotions/Feelings• What was learned